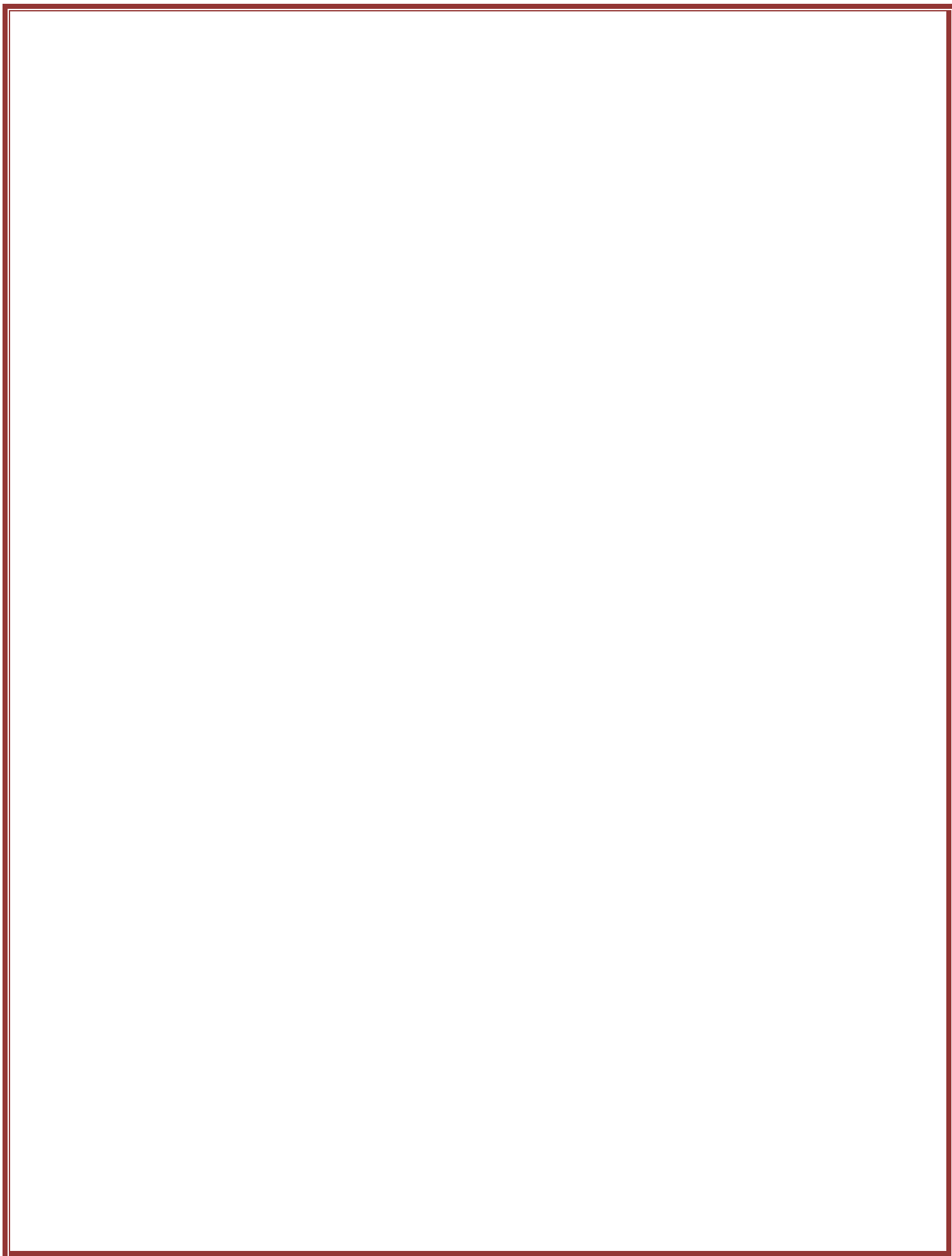




Fire Drills: Remain quiet and exit out the door by Fitness Center onto the JV Baseball field.

Emergency Code Procedures: Remain quiet and listen for specific teacher instructions

M.R.S.A. is a bacteria that causes a serious skin infection; it is resistant to methicillin; it is an inflamed area on the skin that may resemble a pimple; and can be spread from person to person contact or contact with contaminated items. To prevent M.R.S.A.: practice good hygiene; lowering, frequent hand washing, and use of clean clothes; do not share personal items, such as towels, razors etc.; assess skin regularly; do not contact with other people's wounds; preexisting cuts, blisters, etc. should be kept clean, dry, and covered; report any teacher and nurse if you have any wounds.

Hazing: Hazing in any form, including initiation, which is degrading, is strictly forbidden by NYS law. No student(s) shall conspire to engage in hazing, participate in hazing, or commit any act that causes or is likely to cause bodily danger, physical harm, personal degradation or disgrace, resulting in physical or mental harm to any fellow student or other person. Hazing of any kind is not allowed in our school and students have a duty to report any acts of hazing he/she sees or knows of to a teacher or administrator, and participation in or failure to report any hazing will result in a disciplinary review.

Energy Drinks: Studies show that frequent use of caffeine loaded drinks can lead to bad behaviors (violence, use of illegal substances, lack of concentration, energy, and sleep, anxiety and nausea, accelerated heart rate; and dehydration. In place of energy drinks, consume Gatorade, low fat milk, juice, and water; more fiber (whole grains, fruits, and vegetables) and less sugar; exercise regularly; and get plenty of rest/sleep

Additional Information: no food, drinks, or gum in the gym; cell phones must be kept in your locker; throw trash in the garbage; stay away from divider doors when in motion; and report all injuries or problems to your teacher.

An "A" student in P.E:

- Gives 100% effort at ALL times
- Is prepared for class.
- Is on time for class.
- Follows directions and rules.
- Demonstrates sportsmanship and self control.
- Completes all assigned work. This includes fitness and written assessments
- Models appropriate student behavior.

Teachers:

Mr. Carson – dcarson@barkercsd.net	795-3340
Mr. Bruning – bbruning@barkercsd.net	795-32037 ext. 4477
Mrs. Luthart – aluthart@barkercsd.net	795-3201 ext. 5159
Mrs. Otto – jotto@barkercsd.net	795-3201 ext. 5153
Mr. Sanford – psanford@barkercsd.net	795-3201 ext. 5151